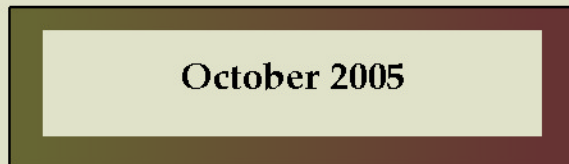




Col. Walker



CSM Villesca

RTI NEWSLETTER

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You can view the RTI Newsletter online: <https://www.nm.ngb.army.mil/RTI/index.htm>



Warrior Transition Course

AS OF 15 SEPTEMBER 2005 THE WARRIOR TRANSITION COURSE IS INVOLVED WITH CLASS 15. CLASS 15 CURRENTLY HAS 216 STUDENTS GOING THROUGH THE RIGOROUS TRAINING AT FT. KNOX, KENTUCKY. THIS CLASS WILL GRADUATE ON 30 SEPTEMBER 2005. WARRIOR CHALLENGE IS SCHEDULED FOR 24 SEPTEMBER 2005, WITH A SUPPORTING STAFF SCHEDULED TO BE IN FT. KNOX ON 20 SEPTEMBER 2005 TO HELP WITH ALL THE TRAINING.

THERE IS A WEALTH OF CONSTRUCTION GOING ON AT THE ONATE COMPLEX. THE PT FIELD IS COMPLETE WITH THE EXCEPTION OF DUST CONTROL GRAVEL THAT STILL NEEDS TO BE PUT AROUND THE FIELD. THE HAND GRENADE ASSUALT COURSE, THE FORWARD OPERATING BASE AND HE PUGEL PIT ARE ALL UNDER CONSTRUCTION AT THIS TIME. THE COMPLETION DATES ARE STILL BEING DECIDED AT THIS TIME.

THE FIRST CLASS THAT IS SCHEDULED TO BE IN NEW MEXICO WILL BE IN JANUARY 2006. THE CONCRETE DATE IS STILL NOT SCHEDULED. ANY VOLUNTEERS TO GO WITH THE RTI ON THEIR SCHEDULED ROTATION TO LOUISIANA ARE WELCOME. THE DATES ARE FROM 15 OCTOBER TO THE BEGINNING OF NOVEMBER.

IF THERE ARE ANY QUESTIONS PLEASE CONTACT 1LT WHITE AT 474-1939.

CAT-C

The CAT-C has been busy this month with a deployment to Louisiana in Belle Chasse, LA from 3 to 20 September. The drill/instruction was canceled due to the fact all of our instructors were deployed. There are many changes taking place at the CAT-C. 1SG Riley's last drill is October, he is going to do bigger and better things in the Guard. The Gracie Academy held a class for approximately 30 students for level 1 and 2 combatives training from 26 - 30 September. Next month we plan on sending the El Dorado High School Volleyball Team off of the Rappel Tower and through the Obstacle Course on 8 October.

1st AD

The 1st AD would like to recognize that SSG Smith has been promoted to SFC and has moved to the S-3.

SSG Griego has taken over SFC Smith's position.

Just a reminder that APFT will be October 15th.

The Alpha company is finishing the WTC class and will be returning from Ft. Knox.

The Bravo company went out to support the Warrior challenge in Ft. KNOX.

2nd GS

It's been another busy month for the 2/515th. For starters, 17 students were recently added to the instructor ranks upon completion of TAITC. MSG Richardson and SFC Delgado of the NVRTI conducted the course and certified three instructors assigned to NMRTI to conduct TAITC as needed. Great job everyone, keep up the good work.

As for other happenings, 5 individuals assigned to 88M returned from TNRTI where they were busy getting personnel assigned to the 1116th Transportation Co., 88M qualified for deployment to Iraq. These instructors are now certified to conduct 88M courses for NMRTI as needed, and are currently busy working on standing up an 88M course here in Santa Fe first quarter of FY06. Way to work.

Also, during the month, 10 Officer Candidates were commissioned as 2LT's and have since gone on to units throughout the state to lead soldiers as trained. Congratulations to OCS Class 47-05 and 48-06. We wish you continued success, in your future assignments.

On another note, our condolences go out to LTC Gurule, SSG Tim Gurule, SSG Steve Gurule and their families on the recent loss of their father. Our prayers are with you and yours.

As always, thanks for visiting, we'll continue to work in keeping you posted of events and happenings in the 2/515th as they occur.



S1

You can now look at many of your PSB records online via AKO using PERMS

NCOERS are due soon!

Make sure you are taking care of your soldiers and don't turn yours in late

E-7 October

E-6 November

E-5 December

S-3

Drill Schedule

October 15 -16 November 5 - 6

December 3 - 4 January 7 - 8

February 11 - 12 March 4 - 5

April 8 - 9 May 6 - 7

June 3 - 4 July 8 - 9

August 5 - 6 September 16 - 17

Training Calendar

- ♦ APFT/Semi weigh in
- ♦ BNCOC Phase I CLS 001 Begins

Colonel's Corner

Leader Development and Mentoring

One of the tasks we will be focusing on in the 515th Regiment (RTD) during Training Year 2006 is leadership development and mentoring. It has been shown that organizational effectiveness can be greatly enhanced by developing our future leaders through positive attention provided through a formal leader development program and informal mentoring. To implement this within our organization, the 515th Regiment's CSM, the Headquarters Staff, and I will be developing and implementing a program that provides leadership development opportunities for all the soldiers assigned to the 515th Regiment. Some of the opportunities will include formal leadership courses offered by the military while others will include our bringing in leadership courses instructed by proven leaders like LTG (ret) Edward Baca. During lunches on weekend drills, we will also begin having soldiers assigned to the 515th Regiment (RTD) give book reports on professional readings recommended by the Chief of the Staff of the Army. An informal mentoring program will also be established and mentors will be formally assigned to work with others to help develop their leadership ability and skills. For those who don't know what a mentor is, it is essentially a more experienced individual within an organization who has achieved success and who provides career related support and guidance to a less experienced individual. Some of the benefits associated with mentoring include increased job satisfaction, increased career satisfaction, more pay satisfaction, and higher career expectations. Mentoring is important because it allows individuals to take concepts presented in the classroom and allows them to see how to implement them within a unit under the influence of a skilled professional. Currently within the military, only about half the officers and noncommissioned officers believe they have a mentor. We, the leadership of the 515th Regiment, however, will rectify that perception within our unit by implementing this program within the coming months. I also believe we will derive the benefits associated with mentoring that will help keep our force strong and prepared to perform "Beyond the Standard" in all that they do.....



CSM Villesca Notes

Greetings from the Command Sergeant Major. Let's talk about Warrior Ethos a moment.

We've all learned the principles of the Warrior Ethos, but what does it mean to you and me as sergeants, as leaders? Warrior Ethos is the foundation for the American Soldier's total commitment to victory in peace and war. While always exemplifying Army Values, Soldiers who live by the Warrior Ethos put the mission first, refuse to accept defeat, never quit and never leave a fallen comrade behind. Warrior ethos compels all Soldiers to fight through all conditions to victory no matter how long it takes and no matter how much effort is required. It is the Soldiers' selfless commitment to the nation, mission, unit, and fellow Soldiers. It is the professional attitude that inspires every American Soldier. Warrior Ethos is grounded in refusal to accept failure.

I want to focus on one of the principles of the Ethos; I will never leave a fallen comrade behind. This is particularly significant to me as I write this. National POW/MIA Recognition Day was on the 16th of September. We regularly take the time to recognize the sacrifices of our predecessors of the 515th and 200th Coastal Artillery who were imprisoned following the fall of Bataan and Corregidor during WWII and those veterans who were imprisoned during the fighting in Korea and Vietnam.

What I want you to think about in addition to the aforementioned sacrifices is that right now one of our fellow Soldiers is MIA in Iraq. SGT Matt Maupin of the 724th Transportation Company (USAR) was captured during a convoy ambush while en route from Balad to Baghdad.

The Army is committed to bringing SGT Maupin back and continues to search for him in Iraq. I ask that you will join me in remembering SGT Maupin in your prayers. He is a fellow Soldier, a brother in our extended Army family and it's important that we recognize his absence from our ranks and the sacrifice of his family as they wait for his return.

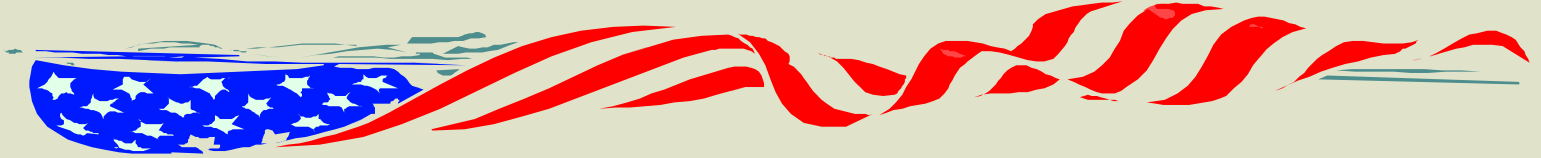
Another thing I want to discuss with you is readiness. The frequency of deployments in support of the Global War on Terror is decreasing, but don't let that lull you into a state of complacency. Recent events in New Orleans and on the Texas Gulf Coast have demonstrated that we can be called up any time in support of disasters. Soldiers who have recently returned from New Orleans have expressed to me that the heat was incredibly oppressive and that their personal physical fitness contributed significantly to their ability to accomplish the mission. The Guard performed magnificently in support of the relief efforts and it is likely that the US Northern Command will be given an expanded role in future disaster relief operations. I anticipate that in the future the National Guard will be utilized more frequently in these unfortunate circumstances. Ensure that you maintain your current state of Soldier readiness. Take care of all the paperwork your family will need in order to continue to maintain the household in your absence. Maintain your immunizations. Stay in shape!

Last, but not least I want to readdress membership in the Enlisted Association. This past drill weekend I took the time to compare the Association membership roster against our UMR. Frankly I was embarrassed. In an organization with the mission of developing NCO leaders and Warriors I expect that we do a better job setting the example. Take some time to consider what the Association does for us individually and collectively. If you don't know, ask myself or one of the First Sergeants. As a Regiment, let's set the standard for membership.

Hooah!

Please welcome the following new soldiers to the unit!

SFC Julio Apodaca
MSG Martin Montoya
SGT Eric Regensberg
SPC Richard Trujillo



Lights, Camera, Action

MOVIES

POPCORN

FRIENDS

Movie Night at the Wyoming Armory

Come join the New Mexico National Guard's Family Program at the Wyoming Armory,
Every 2nd to the last Friday of each month.

6:30pm to 9:30pm for a free night of popcorn, drinks, and a movie.

Kids between the age of 4-16 are welcome to attend.

For more information contact:

Beth DePersio

Phone # 505-271-7191

Cell Phone # 505-350-1499

E mail beth.depersio@nm.ngb.army.mil

600 Wyoming Blvd, Albuquerque, N.M., 87123

Health Tip of the Month

Salt is a necessary part of life, because it not only flavors food but it also protects foods. Our bodies need sodium, which is present in salt, because it helps to maintain blood volume and blood pressure, regulate water balance, transmit nerve impulses, and perform other vital functions. It is good for us in LIMITED amounts.

People should be cautious about using too much sodium. High sodium intake is associated with high blood pressure (HBP). Having a family history of HBP and being overweight are major factors too. HBP, in turn, can lead to heart disease, stroke, and kidney failure. Blood pressure rises with age is much more common in the elderly. Restricting the amount of sodium in the diet helps lower HBP in many individuals who already have the disease. It also can increase the effectiveness of drug treatment, making lower doses possible.

HOW TO CUT BACK

- ◆ Use the saltshaker sparingly.
- ◆ Be a label reader. Look for the amount of sodium
- ◆ Look for low-salt, low-sodium, or sodium-reduced products.
- ◆ Limit your commercial condiments. Many are high in sodium
- ◆ When shopping for lower sodium foods, fresh is usually best.

HERBS THAT CAN BE USED INSTEAD OF SALT

With	Use
Eggs	Basil, dill weed (leaves), garlic, parsley
Fish	Basil bay leaf (crumbled), French tarragon, lemon, thyme, parsley (options: funnel, sage,
Poultr	Lovage, marjoram (2parts), sage (3 parts)
Salads	Basil, lovage, parsley, French tarragon
Tomato	Basil (2 parts), bay leaf, marjoram, oregano, parsley (options: celery leaves, cloves)
Veggie	Basil, parsley, savory
Italian blend	Basil, marjoram, oregano, rosemary, sage, savory, thyme, cumin, garlic, hot pepper

“HAVE YOUR BLOOD PRESSURE CHECKED ANNUALLY.”

NM NATIONAL GUARD ENLISTED ASSOCIATION



Calling all enlisted personnel Army and Air....

You and Your family are invited to attend our
2006 Enlisted Association Conference!!

The Conference will be held in Albuquerque, NM
March 17-18, 2006 at the Wyndham Hotel.

All spouse will be placed on ITO's with coverage of hotel, meals and mileage to hotel.



For more info: 474-1260
Call 1SG Bryant

VARIOUS ACTIVITIES FOR THE KIDS!!!

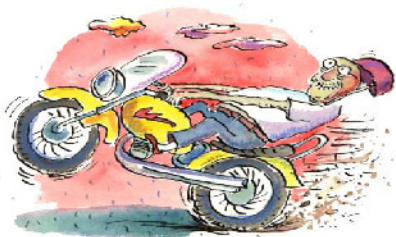
Step right and up and get your ticket for a chance to win a...

2006 HARLEY DAVIDSON SOFTAIL DELUXE

ONLY \$20.00 per ticket!!!

Grand Prize purchased from Chick's Harley Davidson.

For Ticket Information call:
474-1260



Continue riding your old bike

OR.....

Try your luck at this beauty....

